

# CLUB INTERCONTINENTAL

## BREAKFAST MENU

6.30 AM - 11.00 AM

### CEREAL AND YOGHURTS

Cornflakes, Frosties, Rice Crispies, Weetabix, All Bran, Special K  
Bircher muesli and house-roasted granola  
Greek, low fat and fruit yoghurt  
Seasonal fresh fruits  
Fresh berries and fruit salad

### BREAKFAST BAKERY

Butter croissants  
Pain au chocolat  
Selection of Danish pastries  
Whole wheat, white and granary bread  
Jams, marmalades and Spanish honey

### COLD SELECTION

Cumbrian ham, salami, smoked turkey, pastrami and smoked salmon  
Sliced cucumber and plum tomatoes  
Assortment of fine cheeses

### A LA CARTE BREAKFAST

Two free range eggs - fried, boiled, poached or scrambled  
with potato cakes, mushrooms, tomato, bacon, pork or chicken  
sausages

Three free range egg omelette with choice of fillings:  
Ham, tomato, cheese, peppers, mushrooms and onions

Eggs Benedict or Florentine

Smoked kipper, grilled with lemon and butter  
Scottish porridge oats with full cream or skimmed milk  
Waffles or buttermilk pancakes with fresh cream and maple syrup

Gluten free options are available - please ask a member of the  
team for details

### TEA SELECTION

Sourced from tea emporium, Jing Tea, our premium  
black tea is offered in a variety of tea infusions.  
White and green teas are also available