

		L	ONDON P.	ARK LANE			
CEREALS & BAKERY	Y					SIDES	
Cereals 155 kcal	£7	THE CONTINENTAL BREAKFAST	_	THE INTERCONTINENT BREAKFAST	AL	Organic pork Baked beans	£6
Bircher muesli 97 kcal	£14	Features a wide range of pastries, and cereals. Served with coffee,		Includes the Continental and ho breakfast buffet. Served with coffe		sausage 230 kcal £6 (ve) 49 kcal	
Organic porridge with brûléed banana 274 kcal	£14	or fresh juice.	tea	tea or fresh juice. $£40$	e,	Chicken or beef Grilled tomato sausage 250 kcal £6 (ve) 25 kcal	£6
Water or a full range of milk		CHAMPAGNE BREAKFAST			Black pudding £6 Sautéed field 160 kcal mushrooms	£6	
Toast 67 kcal White, brown, mixed, granary, gluten-free or sourdough	£7	Includes the Continental Breakfast and one of the à la carte selections below.  Served with a glass of champagne.			Hash brown (v) 102 kcal Bacon 210 kcal	£6	
Bakery basket 806 kcal	£14	£54			Smoked salmon £7 Avocado 160 kcal		
Five pieces of freshly baked croissants, pastries, muffins		À LA CARTE			127 kcal  BEVERAGES		
BREAKFAST BOWLS	S	Full English breakfast 807 kcal Two organic eggs prepared to your likin		Full vegetarian breakfast (v) 589 kcal Two organic eggs prepared to your likin	ıg,	Espresso 0 kcal   Macchiato   3 kcal	£7
Cottage and cream cheese 933 kcal	£10	black pudding, pork sausage, bacon, be mushroom, tomatoes, hash brown	ans,	avocado, vegetarian sausage, hash brown mushroom, tomatoes, beans	n,	Double espresso 0 kcal   Americano 0 kcal	
Seasonal berries 30 kcal	£16	Two organic eggs (v) 172 kcal	£13	Chicken egg foo yung 319 kcal	£26	Filter coffee 0 kcal   Cappuccino 63 kca Latte 63 kcal   Flat white 63 kcal	
Sliced fruit platter 95 kcal	£16	Prepared to your liking		Fluffy Chinese omelette, chicken, stir-fried noodles		Mocha         kcal   Teas 0 kcal	£8
Selection of cheeses 350 kcal	£16	Eggs Benedict 388 kcal Poached eggs, honey-roasted ham,	£20	Smashed avocado 185 kcal	£22	Hot chocolate 255 kcal	£8
Homemade granola with yoghurt and berries 78 kcal	£16	English muffin, hollandaise		Poached eggs, sourdough toast, coriand		Fresh juices	£9
Sweet nut and seed pudding 253 kcal Seeds, pine nuts, seasonal berries, coconut yoghurt	£16	Eggs Royale (v) 330 kcal Two poached eggs, smoked salmon, English muffin, hollandaise	£20	Tofu scramble (v) 179 kcal Avocado, toasted sourdough bread	£20	Speciality juices Super Green: celery, cucumber, spinach green apple, pear 39 kcal	£12
	210	Ŭ	£20	Croque madame 443 kcal White bread, golden organic fried egg, aged Gruyère and Emmental cheese, honey-roasted ham	£22	Detox: carrot, beetroot, apple, pear, ginger 53 kcal	
SWEET CLASSICS			ffin,			Vitamin C: carrot, green apple, pear, ginger 32 kcal	
Waffles 240 kcal Berries, maple syrup, Cornish clotted o	£18	Omelette or egg white omelette 298 kcal Onion, mushroom, peppers, tomato,	£20	Grilled kipper 410 kcal Lemon herb butter, sourdough bread with tomato and poached egg on spinace	£26	Ginger shot 50 kcal	£10
American pancakes 232 kcal £18		spinach, cheese, ham, herbs		Scottish lobster rarebit 812 kcal	£30	BY THE GLASS	
Berries, maple syrup, Cornish clotted cream		Scottish smoked salmon 310 kcal	£20	Poached lobster tail, English mustard,	230	Pommery Brut Royal 125ml	£20
Classic French toast 320 kcal Berries, maple syrup, whipped cream	£18	Organic scrambled egg		baked bread, Gruyère cheese		Veuve Clicquot   25ml	£24
		Devon crab cakes 355 kcal Poached eggs, hollandaise	£26	Add to your dish £14:		Bellini   Mimosa	£18
				Cornish caviar 100 kcal   Black truffle 80 k	cal	Bloody Mary	£18

Cornish caviar 100 kcal | Black truffle 80 kcal

Bloody Mary

